

## Counseling and Academic Advisory Services

Besides KAU-AC staff, students consult full time professional counselors and Academic Advisors at the “Student Counseling and Academic Advisory Unit” at KAU.

### *Student Counseling and Academic Advisory Unit*

#### *Aim*

To provide academic, psychological, and sociological assistance to the university students.

#### *Objectives*

- Serving students by providing assistance and counseling to help them in solving their sociological, psychological, and academic problem.
- Building students self –esteem and supporting good behavior.
- Providing vocational and psychological counseling to students by guiding and helping them to achieve harmony in their academic life.
- Conducting preventive programs to raise students, awareness in respect of sociological problems such as drugs and smoking... etc.
- Training social workers and psychiatric counselors at the university.
- Conduction researches concerning the most common problems among students.

### Students' rights

#### **Privacy**

- Regarding all information provided by the student regardless of its nature.
- Regarding the place and facilities where the counseling is provided.
- Regarding the student’s cultural background.
- Accepting the student as he/she is, not creating expectations of what the student should be.

#### **Freedom of choice**

The Student Counseling and Academic Advisory Unit provides optional services to students. In addition, it is the right of the student to choose the counselor that he/she feels most comfortable with when receiving the unit’s services.

#### **Confidentiality**

Strict confidentiality is to be observed regarding any information provided to the counselor by the student. The counselor must keep such information confidential unless consent to release the information (or parts of it) is given by the student. This is a basic right of the student; a basic profession practice and it is supported by the society and religious institutions in KSA.